

# Inner Journey

## Live Boldly. Love Deeply.

- ◆ *Are you seeking to live your best, most fulfilled life?*
- ◆ *Are you looking to get traction in your life - career, relationship, parenting, or health?*
- ◆ *Do you want to rise and achieve your full potential and your power?*
- ◆ *Are you looking for a “reset” to recharge your energy and vitality?*
- ◆ *Have you ever wondered if there’s a greater purpose to your life?*
- ◆ *Would you like to feel more at peace with yourself?*



If you answered YES to any of these questions . . .  
then only one question remains:

**Are you ready to take a courageous step in your life?**

**Join us for a life-changing 3 1/2 day experience.** The power of the Inner Journey Intensive is its experiential approach, drawn from over 30 years of experience across philosophical, spiritual and psychological domains to promote lasting growth and awareness. This engaging weekend will reconnect you to your passion, joy, and aliveness. **Since 1999, the Inner Journey has assisted thousands of** r gqr'g'et qu'the U.S. and Canada in living fully and loving deeply.

### **A quick testimonial: Philippe Cloutier** **Construction Financing - Ottawa, Ontario**



*"What transpired for me during the Inner Journey (IJ) was a weekend of self-discovery that opened my eyes to the subtlety of the unconscious beliefs that shape how I view and act towards the world, my relationships and myself.*

*The IJ facilitators provided me with pragmatic tools that helped*

*me understand my decisions and live with more intention, rather than guided by beliefs that no longer served me. Throughout this journey, I connected with people who cultivate respect, compassion, knowledge, growth and openness, I rekindled my ability to be vulnerable, and I regained a greater sense of confidence, calm, and willingness to take risks.*

*I discovered a more profound sense of agency and I consequently started making choices that opened up a deeper connection with others and myself, allowing me to live wholeheartedly."*

### **The Xetails...**

**Where:** Perth, Ontario -1.25 hours from Ottawa

**When:** May 9-12, 2024; Oct. 24-27, 2024  
(beginning Thursday evening)

**Cost:** \$995 per person or \$1890 per couple includes course fee, accommodation, meals, and celebration evening  
Register 6 weeks before to save \$70.

**Space is limited. Reserve your spot today.**

To register, go to

<http://www.innerjourneycanada.com>

### **Need more information?**

Contact Robert at [rboggs830@gmail.com](mailto:rboggs830@gmail.com)  
647-850-9337 or

Synandra at 613-221-9330/ [synandra.lechner@gmail.com](mailto:synandra.lechner@gmail.com)