

Inner Journey Canada Seminars Inc.
Coordinators' Circle Meeting Minutes
642 Aberfoyle Circle, Kanata, Ont
March 6th, 2018
Start time 19h05

Name	Position	Present	Regret	Name	Position	Present	Regret
Fred Owen	Chair	X		Violetta Borowski	Love and Care	X	
Evan McBride	Administration	X		James Harley	Social	X	
Craig McCaffrey	Communication	X			Facilitator Rep.		X
Synandra Lechner	A/Enrolment		X	Guylene Owen	Guest	X	
Vacant	Finance		X				
Craig Sweetnam	Production	X					

1. Standing Items

1.1 Call to Order

- The meeting was called to order by the Chair.

1.2 Quorum

- A meeting has quorum when at least half of the sitting directors are present. The meeting had quorum.

1.3 Checkin

- There was discussion about what people would prefer as a checkin. Some preferred a guided checkin while some preferred a silent meditation as a checkin.
- Violetta led the group in a guided checkin

1.4 Approval of Agenda and Previous Minutes

- The minutes from the meeting on February 6 were approved
- The agenda for the current meeting was approved, with the addition of time to discuss future galas added if time permitted
- The March 6 meeting did not include a reading of the IJ Vision or select a Vision keeper. Evan indicated that he would like to have a Vision keeper for future meetings.

1.5 Welcome to New Circle Members

- The Circle welcomed the following people who are either new to the Circle or newly elected to their position:
 - Administration: Evan McBride
 - Chair: Fred Owen
 - Communications: Craig McCaffrey
 - Production: Craig Sweetnam
 - Social: James Harley

(Note: Violetta was not voted in at the 2018 AGM as she was voted in at the 2017 AGM for a two year term)

2.0 Priority Business

2.1 Zoom Meeting with Michael Schiesser

- A Zoom Conference Call was held with Michael Schiesser
- Michael greeted the Circle members and thanked them for their dedication and service to Inner Journey Canada, and the Inner Journey movement in general
- Michael informed the Circle members that they could contact him with any questions they had, or any support they felt they needed

Actions:

- James Harley to contact Michael regarding idea on social activities for the Inner Journey community

2.2 Review of Action Items from Previous Meetings

Action Item (Evan)

Evan to email Circle members regarding how to use Google Drive (Nov 14)

Status: Still outstanding

Action Item (Fred)

Fred to contact CIBC regarding signatures for bank account after new board elected (Feb 6)

Status: Still outstanding. Fred, Craig S, James H and Violetta volunteered to sign cheques. Fred to arrange time to go in and sign papers with CIBC.

Action Item (Fred)

Fred to contact Michael S regarding ongoing fees for the Inner Journey Institute website

Status: Still outstanding. Fred did contact Michael and Michael was to get back to Fred (Fred is waiting for Michael to get back to him)

Action Item (Evan)

All Circle Co-ordinators to provide annual reports to Eric for posting prior to AGM (Feb 6)

Status: Evan's report still outstanding. Evan to check if the bylaws to see if the Co-ordinator reports need to be approved at the AGM.

2.3 Enrollment Update

- The May IJ is full for women, with 3 on the waiting list. There are 4 men registered, with a fifth considering registering

Action Item (Fred):

- Fred to forward the link to the May 2018 roster to Violetta so she can edit it. If the link does not work, Fred will contact Julie to add Violetta to the list of those that can edit the roster.

2.4 Ideas to Strengthen the IJ Community

- Fred presented some ideas to strengthen the IJ Community and there was a healthy discussion.

(i) More Community Events

- There was general agreement that we would want more events for the community, and that the events alternate between social (i.e. fun events) and teaching events.
- Different ideas were discussed for community events. Some events, such as the recent Love and Awareness Day, would appeal to the entire IJ community and some, such as the current men's group or a 'Power of Now' group, would target specific groups, or 'islands', within the community. It was felt that the more 'islands' in the community the better, as each island would have a greater sense of community.

Actions Items (All, Fred, James H):

- All Circle members to think about what type of events they feel would help the community and be ready to discuss at the next Circle meeting
- Fred to contact Anne Menoti of the DC group to see what type of events they put on
- James H to contact Michael S for ideas for social events
- Fred to prepare a draft survey to go out to the community regarding community events

(ii) Attracting More Men

- There was general agreement that we needed to work on attracting more men to the Inner Journey seminars. Fred indicated he was planning to reach out to some IJ community members to help in this regard.

Action Item (Fred):

- Fred to invite a number of men from the IJ community to get together to come up with ideas on how to get more men

(iii) Increased Teachings

- At the February meeting Jack had agreed to having the facilitators do more teachings. It would amount to one per year per facilitator, including Michael and Neelama
- The IJ community used to have tuneups on Sunday mornings, however they were stopped due to low attendance. It was agreed that something along this line would be worth trying again, but perhaps more promotion would help

Action Item (Fred):

- Fred to followup with Jack

(iv) Increased Promotion of Followup Courses

- Fred indicated that he had been talking to Michael and Neelama regarding more promotion of upcoming courses, with particular emphasis on the IJ II - Healing the Gender Divide. Fred had suggested a short video by Michael targeting men and a short video by Neelama targeting women. Neelama sent a short video targeting women. It will be posted on Facebook and included in the newsletter.

(v) Promotion of Facilitators for Followup work

- Fred brought up the idea of promoting facilitators for followup work after the Inner Journey Intensive as another way to help people continue on their journey

- There was general agreement to the concept, but concern how it would be perceived, i.e. there was concern it would be perceived negatively as promoting therapy.

Action Item (Fred):

- Fred to come up with proposed wording for how the followup work with facilitators would be promoted

2.5 Men's Posters

- Craig S suggested that the posters in the men's lunch area in the men's lodge at Camp Merrywood are dated and need updating. There was general agreement that they did need updating, and that the updating should be agreed to by the men's facilitators before purchasing any new posters. \$100 was allocated to updating the lunch room posters
- Craig S also suggested that other elements of the men's program room, such as pictures and other material could also be updated. There was general agreement that this made sense, and Craig agreed to discuss with the facilitators. No money was allocated for updates to the men's program room.

Action Item (Craig S):

- Craig S to approach the facilitators about updating the men's lunch area and program room and come back with a proposal for the next Circle meeting

2.6 Regular IJ Volunteer Event

- James suggested that we look into having members of the IJ community volunteer on a regular basis at locations such as a Food Bank or Food Kitchens. This could be part of their service to the community. There was general agreement that this was a good idea.

Action Item (James):

- James to come up with a list of suggestions for the next Circle meeting

2.7 IJC Website Direction

- It was agreed that we do need to upgrade the Inner Journey Canada website, either the current site or through migration to the Inner Journey Institute website

Action Item (Fred, Craig M):

- Fred and Craig M to discuss next steps and provide recommendations to the next Circle meeting

2.8 AGM Review

- The Circle was disappointed with the number of guests at the recent AGM. Craig M. will include a summary of the AGM in the next newsletter along with a mention of what they missed.
- Fred suggested that each Circle members present their annual reports versus being done by Chair. More sex appeal for AGM. Evan suggested that this topic be discussed at a Circle meeting closer to the next AGM.

Action Items (Craig M, Fred):

- Craig M. will contact Ed Loziuk to get pictures from the AGM. Craig will include a summary of the AGM in the next newsletter along with a mention of what they missed, and some pictures.
- Fred to send Craig M. the minutes of the AGM which are to be posted on the website.

2.9 Date of Fall IJ

- After discussion with the facilitators it was agreed to change the date of the Fall 2018 IJ to October 18-21. The contract with Merrywood has been changed.

2.10 Talent Night Update

- James reported that with the strong support of Margo and Jack, the planning of the event is going very well. They have reached the number of performers required and are now concentrating on increasing the number of guests/attendees.

Action Item (Craig M)

- Craig M. to add this event to the IJC website.

2.11 Future Meeting Format

- This item was not discussed due to lack of time

2.12 Future Meetings

- The dates were set for the next three Circle meetings, and locations for the next two meetings, as follows:

Tuesday, April 17th – Craig M. home – 480 Kilspindie Ridge, Ottawa, Ont

Tuesday, May 15th: 9 Alon Street, Stittsville, Ont

Tuesday, June 12th: Location to be determined

- The meeting starting time was discussed and it was agreed to keep the starting time at 7:00 p.m.

Action Item (Fred)

- Fred to send the dates to the Co-ordinators so they can schedule facilitators for the next three meetings.

3.0 Meeting Review

- The meeting went over by 15 minutes, but there was productive discussions and feedback. Some of the discussions were gently cut short due to concern over the meeting length but it was agreed that was OK to keep the meeting moving. In many cases followup items were set for the next meeting,

Committee reports (if applicable)	
Administration- None requested.	E. McBride
Communications <ul style="list-style-type: none">- Produced & sent a couple of newsletters to the greater community.- Still working on cleaning up and consolidating databases.- Sent out a follow up note to the CCL attendees following the Enneagram workshop.- Reached out to Michael S about that type of follow up to his students for looking for his feedback and guidance.- Always on the hunt for appropriate “Words to Live By” and “Teachings” material for future weeklyish editions.- Received interest in the idea of a “Powerful of Now” book study. This group will likely form and start to meet once a month.	C. McCaffrey
Marketing and other reports – None requested.	F. Owen
Love and Care	V. Borowski

- Purchased decorations for AGM set up - Helped with decorations at the AGM meeting - Send out IJ intensive poster to a client and encouraged her and her husband to sign up	
Production report – None requested.	C. Sweetnam
Social - None requested.	J. Harley