

# Inner Journey

## Live Boldly. Love Deeply.

- ◆ *Are you seeking to live your best, most fulfilled life?*
- ◆ *Are you looking to get traction in your life - career, relationship, parenting, or health?*
- ◆ *Do you want to rise and achieve your full potential and your power?*
- ◆ *Are you looking for a “reset” to recharge your energy and vitality?*
- ◆ *Have you ever wondered if there’s a greater purpose to your life?*
- ◆ *Would you like to feel more at peace with yourself?*



If you answered YES to any of these questions . . .  
then only one question remains:

**Are you ready to take a courageous step in your life?**

**Join us for a life-changing 3 1/2 day experience.** The power of the Inner Journey Intensive is its experiential approach, drawn from over 30 years of experience across philosophical, spiritual and psychological domains to promote lasting growth and awareness. This engaging weekend will reconnect you to your passion, joy, and aliveness. **Since 1999, the Inner Journey has assisted thousands of people throughout the U.S. and Canada in living fully and loving deeply.**

### ***A quick testimonial***



Heather McAfee  
Public Relations  
Ottawa, Ontario

“Inner Journey helped me unlock something that had happened years ago that I realized affected me every single day.

Because of the Inner Journey Intensive, I got to let that go and I gave myself permission to just be who I am.

I am strong. I am worthy. I am enough. And every day I use the tools that Inner Journey gave me to be better in the world.”

### ***The Xetails...***

**Where:** Perth, Ontario -1.25 hours from Ottawa

**When:** May 21-24 & October 22-25, 2020  
(beginning Thursday evening)

**Cost:** \$945 per person or \$1790 per couple includes course fee, accommodation, meals, and celebration evening

Register 6 weeks before to save \$75.

**Space is limited. Reserve your spot today.**

To register, go to

<http://www.innerjourneycanada.com>

**Need more information?**

Contact Synandra at 613-221-9330 or  
[synandra.lechner@gmail.com](mailto:synandra.lechner@gmail.com)