

Inner Journey Seminars and CookRoss present the bi-annual

# TRANSFORMATIONAL FACILITATION TRAINING Level II

## Part 1: Advanced Facilitation Training

This 5-Day Training is only offered every 2 years and specifically designed for participants of our Level I Training. We call this unit 'Advanced' Facilitation Training because it teaches the '*Art of Facilitation*'.

To work with the subtlest of all materials, a '*human soul*', one needs the sensitivity of a mother, the creativity of an artist, the clarity of an engineer, the patience of a surgeon and the soul depth of a lover of the Divine.

The refinement of your skill level is one focus and a gift of the training.

Another important aspect of learning is to become aware of one's gifts and challenges. And because of our human tendency for 'blind spots', a *mentor* can be of tremendous help. Participants will receive specific support in your professional and internal development.

### Training Curriculum

The program adds three more basic approaches to our Facilitation Tool Belt:

- **Essence Retrieval Work**

This unique body of work based on the teachings of the Diamond Heart and Diamond Logos work of A.E. Almaas and Faisal Muquaddam, bridges the gap between the psychological and spiritual dimension of transformational work. The teachings and processes allow the facilitator to guide the clients into and thru their deficiencies ('holes'), which are potential 'gateways' into our essential and spiritual nature. The journey thru the 'hole' is the greatest service a facilitator can offer the client, because it shifts the paradigm from trying to fulfill ourselves thru the 'outer' to a sense of completion stemming from an inner 'filling' by essence.

- **Solution Focused Communication**

How can we better cooperate with everybody in our life, both professionally and personally? How can we find solutions which are satisfying for all people concerned? This Communication System is especially effective in the 'marketplace' where results count.

- **Counseling from the Heart:**

A heart based approach that emphasizes the spiritual dimension in the work with people.

- **Deepening of:**

- Group Facilitation Work
- 5 Element Work.

### Faculty

Michael Walter Schiesser, M.A.  
Founder of the Inner Journey Seminars; Michael has 20 years of experience in the field of facilitation and personal coaching in the US, Canada, and Europe. Specializing in individual and group dynamics, Michael has an MA in counseling from the University of Munich, Germany, and is also trained in the art of Chinese Five-Element Acupuncture. Michael also coaches individuals and consults in organizations and is a co-creator of A Journey into the Soul of Leadership, a transformational course for organizational leaders.

### Howard Ross

Founder and President of Cook Ross, Inc., Howard has more than 20 years as a business consultant and executive coach with hundreds of organizations all over the world, specializing in leadership, diversity, and organizational change. Howard has coached numerous CEO's and organizational executives, as well as conducting group facilitation and training exercises for hundreds of thousands of people. He is a former Chair of Leadership Washington and a co-creator of A Journey into the Soul of Leadership, a transformational course for organizational leaders. Howard's organizational clients have included GEICO Insurance, Watson Wyatt Worldwide, and Fannie Mae, among countless others.

- **Additional Teachings:**

Powerful distinctions between 'ego' building work and 'ego' freeing work and discernments based on the Enneagram Personality Typing System.

#### Logistics

Date: Wednesday, Nov. 16, 11:00 AM to  
Sunday, Nov. 20, 1.00 PM

Location: Ogden Farm, Middletown, VA  
(approx. 90 min. from DC and  
one hour from Dulles airport)

Tuition: \$795 US includes lodging  
Food: \$75 US

Reviewer: \$450 US includes lodging  
Food: \$75 US

To register: Deposit of \$250 US or full payment of \$795 US to:  
Michael Schiesser, 2155 Federal Road, Roswell, GA 30075.  
(415) 990-5629 or [michaelijs@gmail.com](mailto:michaelijs@gmail.com).

For questions about the course itself, please contact:  
Michael Schiesser at 415-990-5629 / [michaelijs@gmail.com](mailto:michaelijs@gmail.com) or  
Howard Ross at 301-565-4035 / [howross@cookross.com](mailto:howross@cookross.com).

#### **Transformational Facilitation Training**

##### **Level II**

##### **Part 2: Group Facilitation**

This 3 day training is planned for spring/summer of 2012

In between the two training sessions will be assignments to support the application and integration of the learned skills:

- Individual sessions
- Participation in Supervision Calls
- Group Facilitation sessions

Completion of TFT Level II (Part 1 and 2, plus individual sessions and participation in supervision calls) lead to the accreditation as an Inner Journey Life Coach.

"As an organizational coach, I seek to offer my clients a different way of seeing the world and what is possible for them. The training offered me just what I needed. In addition to being engaged in a truly transformative process for myself, I can now offer my clients powerful distinctions for their lives.

For that I can't begin to thank the training enough."  
Rajiv Chawla, Organizational Development Consultant

"As a mental health professional, the training has provided me with powerful tools to allow my clients to identify and resolve negative self-judgments. This training also taught me awareness practices that have allowed me to expand my clinical skills, so that my clients can have a deeper capacity to meet painful experience with clarity and compassion for themselves."

Michael M. Balsamo, JD, MSW